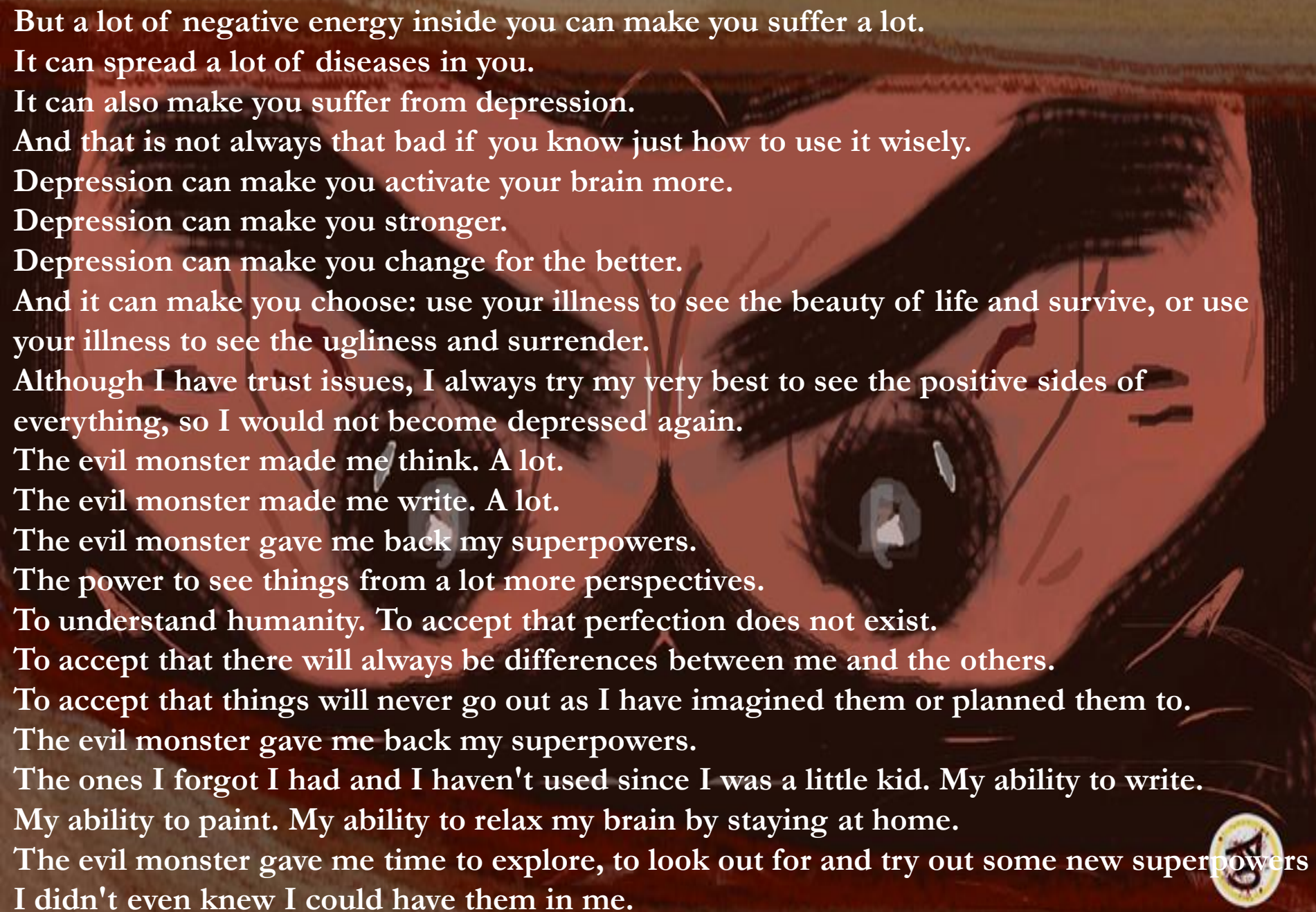


The Day I Became a Superhero!

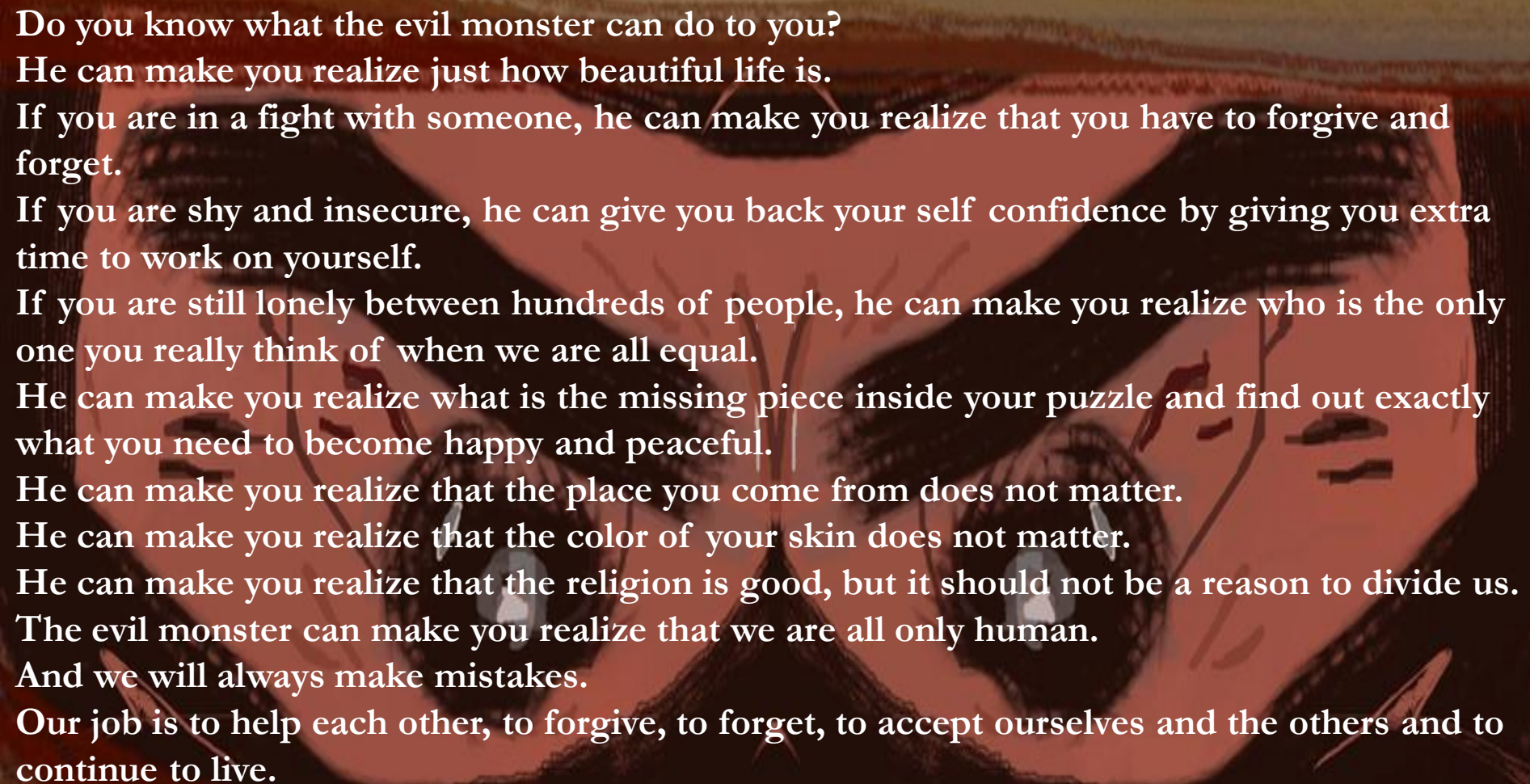
It was a bad day. Bad period of life I will say. I felt so sad.
I watched this superhero cartoons and movies and I wanted to be just like them.
They all saved lives. Why can't I do that? And then a chance for that arrived.
The evil monster came, spreading poison everywhere and all I wanted to do is stop him and save all the others.
How can we fight him? I asked myself..
The answer was pretty simple.
People were trying out very hard to find a cure. People were arguing about everything.
People were all giving suggestions what should be or should not be done.
The answer was easy. We just had to stop him spreading with incubation.
We could show the monster who we are with a very simple choice:
a) show compassion, stay home and become a superhero;
b) stay ignorant, go out and be the villain.
I chose A and I put my superhero mode: ON.
I isolated myself. I was thinking about everybody.
My family, my friends, people I don't even know.
And I was also thinking a lot more about the boy I like. When will I see all of them again?
Will I get the chance to hug them one more time? Will everything be the same after this?
Because this evil monster was pretty great at doing his job to distance the whole world.
To make people hate each other. To make people fight. To make people angry.
To spread negative energy everywhere.





But a lot of negative energy inside you can make you suffer a lot.
It can spread a lot of diseases in you.
It can also make you suffer from depression.
And that is not always that bad if you know just how to use it wisely.
Depression can make you activate your brain more.
Depression can make you stronger.
Depression can make you change for the better.
And it can make you choose: use your illness to see the beauty of life and survive, or use your illness to see the ugliness and surrender.
Although I have trust issues, I always try my very best to see the positive sides of everything, so I would not become depressed again.
The evil monster made me think. A lot.
The evil monster made me write. A lot.
The evil monster gave me back my superpowers.
The power to see things from a lot more perspectives.
To understand humanity. To accept that perfection does not exist.
To accept that there will always be differences between me and the others.
To accept that things will never go out as I have imagined them or planned them to.
The evil monster gave me back my superpowers.
The ones I forgot I had and I haven't used since I was a little kid. My ability to write.
My ability to paint. My ability to relax my brain by staying at home.
The evil monster gave me time to explore, to look out for and try out some new superpowers I didn't even know I could have them in me.





Do you know what the evil monster can do to you?
He can make you realize just how beautiful life is.
If you are in a fight with someone, he can make you realize that you have to forgive and forget.
If you are shy and insecure, he can give you back your self confidence by giving you extra time to work on yourself.
If you are still lonely between hundreds of people, he can make you realize who is the only one you really think of when we are all equal.
He can make you realize what is the missing piece inside your puzzle and find out exactly what you need to become happy and peaceful.
He can make you realize that the place you come from does not matter.
He can make you realize that the color of your skin does not matter.
He can make you realize that the religion is good, but it should not be a reason to divide us.
The evil monster can make you realize that we are all only human.
And we will always make mistakes.
Our job is to help each other, to forgive, to forget, to accept ourselves and the others and to continue to live.

I made this mini book and I think this is just the right time to put it out to the world.
I hope you will all enjoy them.





THE ZUMOARIARIKUARI FAMILY





Guys, Tekikatoka is so happy today!

Want to know why!?

She was learning to master a new skill and it goes very well for now!

She is a beginner at yoga classes and she was practicing some cool skills.

After the classes, she knew just what to do.

She went to the store and she bought two aromatic candles.

It's a very cool way to chill your brain after the yoga exercises!

She put the music on, lighted up the candles when suddenly, somebody showed a panic energy by knocking loudly on her door!

Who might that be??

We're about to see!



Ooooh, I knew that it was her!

Who else could be panicking like that if I haven't eaten some bananas today!

It was Rinkazuska!

She acts like my mother, oh dear Lord.. But I love her and I like hugging her!

She always gives me vitamins and she's making so tasty smoothies for my soul with her cooking skills!

She is a vegetarian and she loves animals, especially dogs!

We worked together once, but honestly, I haven't seen her for a while.

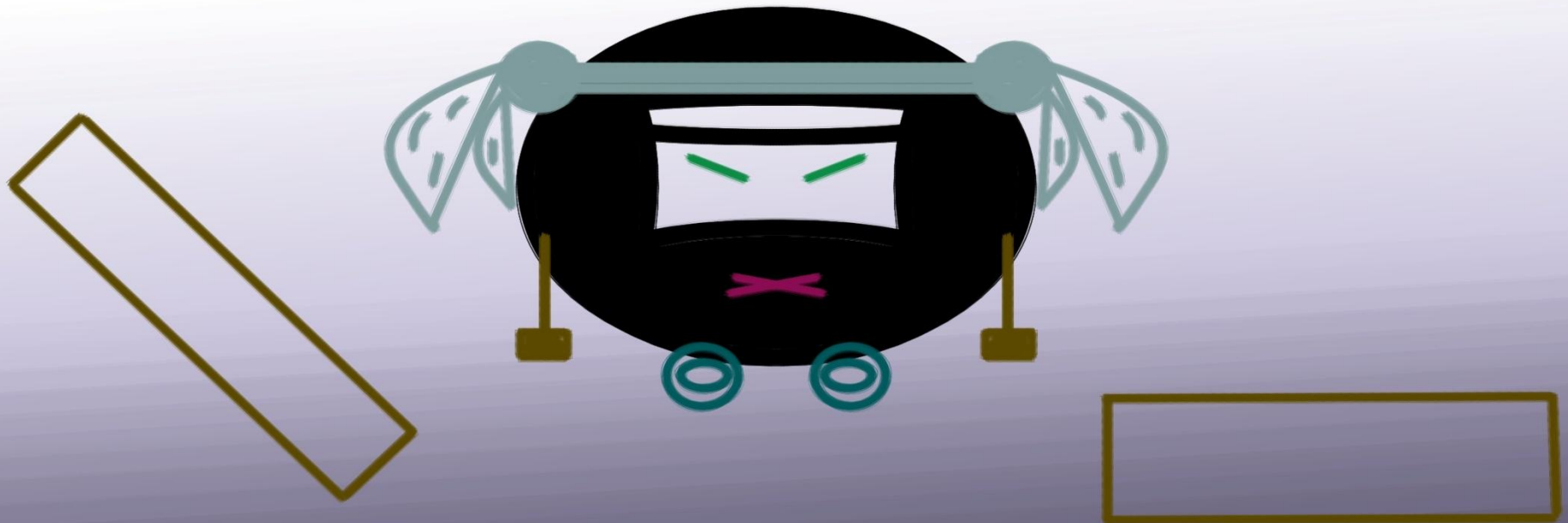
It was so pleasant surprise!

But she came to feed me and to also inform me that Co-Flu ran away from the room we locked him in!

She uses her bananas as boomerangs, so it's a great way to beat Co-Flu with her skills!



We went out with Rinkazuska,
We were looking for another superheroes to help us fight the evil Co-Flu
I knew just who to call! I called Jimojimo!
Jimojimo has an extra EYES, and he can sense where Co-Flu hides when he uses his
invisibility against us.
We can't always see him, but Jimojimo has a photo shooter, and everytime he shoots with
his superpower, we can see where Co-Flu appears on the photos!
He also has his rollerblades, so Co-Flu really can't run away from us with this Superhero!
But we need another one too!
We know just who to call!



This is Rikamekushi!

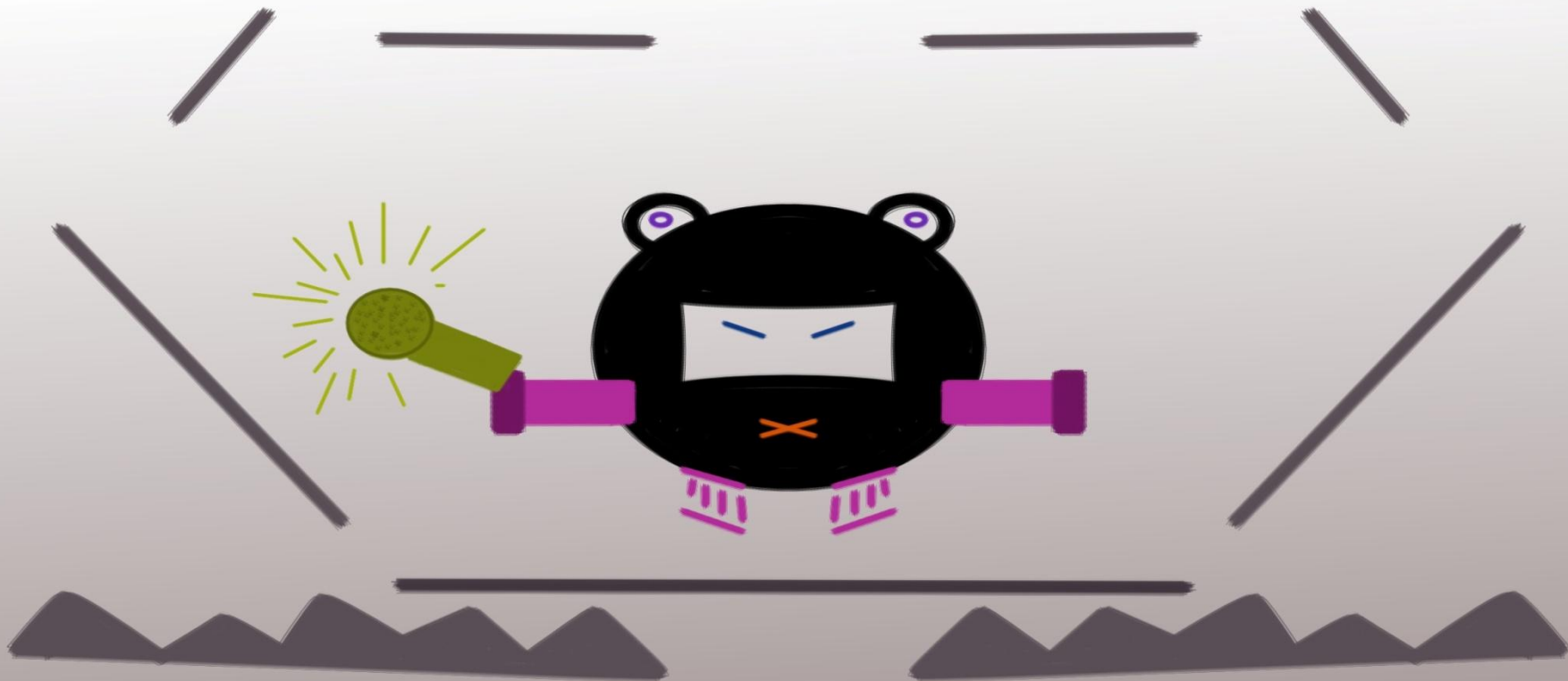
He has his rollerblades too, but he has also a candles in his hands, to lubricate the elements in the skate park where we found him.

We knew that he will be here!

He loves rollerblading and he is really, really good at it!

For now, he will just jump and make tricks on the elements, so the evil Co-Flu would be impressed and interested to see more of his performance!

It's so easy to catch our enemy like that, he won't even notice us! Woo hoo!



This is Rukataku!

She has an angel voice, so we can't let Co-Flu give her his flu!

It will destroy her ability to her superpower to use the microphone!

She must use it to fight against him!

Sing it louder, mighty Ninja and he will run away!

Trust me!

Rukataku spreads positivity with her voice, so Co-Flu would also be interested to sit around her!

Woo hoo!

Now you are caught up, evil monster! You can't run away from us this time.



Ohhh there you are you little evil devil!

We knew that you are hiding somewhere in the air!

Please get down from the air and come to us, we promise that we will not hurt you!

We just want to help you, but first you have to help us by becoming a good boy!

Co-Flu knows that we must put him in a quarantine, but he doesn't give up.

Damn, this guy really likes his freedom, just like all of us.

Sadly, we must lock him up.

I'm sorry, little virus.

I hope you will find all of your other evil viruses in the quarantine so you will all be friends in there <3

We caught Co-Flu.

He is really annoying, if you ask me!

I knew that we will make it out with this Dream Team of ours.

Thanks to all of my superhero friends, together we are always stronger!

Co-Flu is a little sad, he was crying a little bit and it made me sad.

I don't want to see anybody cry ☹

But we know what we will do.

We will put all the other viruses in his quarantine, so he will never feel alone.

I really hate leaving somebody alone like that.

I will talk to him by the phone, I gave him books to read, I hope he will be fine 😊

Good Job Mighty Ninjas!

We saved the world again today!

If Co-Flu becomes a good boy, we will make him one of us!

He just has to promise that he will be a good Ninja!

Sayonara for now Co-Flu!

Have a nice quarantine time.

Take care of yourselves, love yourselves and show your happiness to the world, that is how you will love all of the others! <3



**WRITTEN & ILLUSTRATED BY:
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